

**OUR MISSION:** Provide world-class, physician-led health care using innovative technology and compassionate service with an intense focus on exceeding your expectations.

**OUR VISION:** USMD Hospital at Arlington will be the premier physician-led hospital, delivering exceptional patient care through a specialized staff, promoting health and wellness, and setting the standard for patient satisfaction and outcomes.

**ABOUT USMD:** Our 1:5 nurse-to-patient ratio has helped us attain an "A" safety rating and an overall patient satisfaction rating in the top 5% of hospitals in the nation.

With nine state-of-the-art surgical suites, we are prepared to accommodate the following:

- General Surgery
- Gynecology
- Orthopedics
- Pain Management
- Pediatric & Adult Ear, Nose & Throat
- Plastic and Reconstructive Surgery
- Podiatry
- Spine Surgery
- Urology

If an overnight stay is required, our facility has 30 oversized, private inpatient suites and four surgical intensive care suites. Each room has accommodations for a family member or friend to spend the night.

 **USMD HOSPITAL**  
AT ARLINGTON  
[usmdarlington.com](http://usmdarlington.com)

Main Hospital  
817.472.3400

Patient Relations Line  
817.472.3543

Patient Access Services:  
817.472.3450

Central Business Office:  
817.472.2850

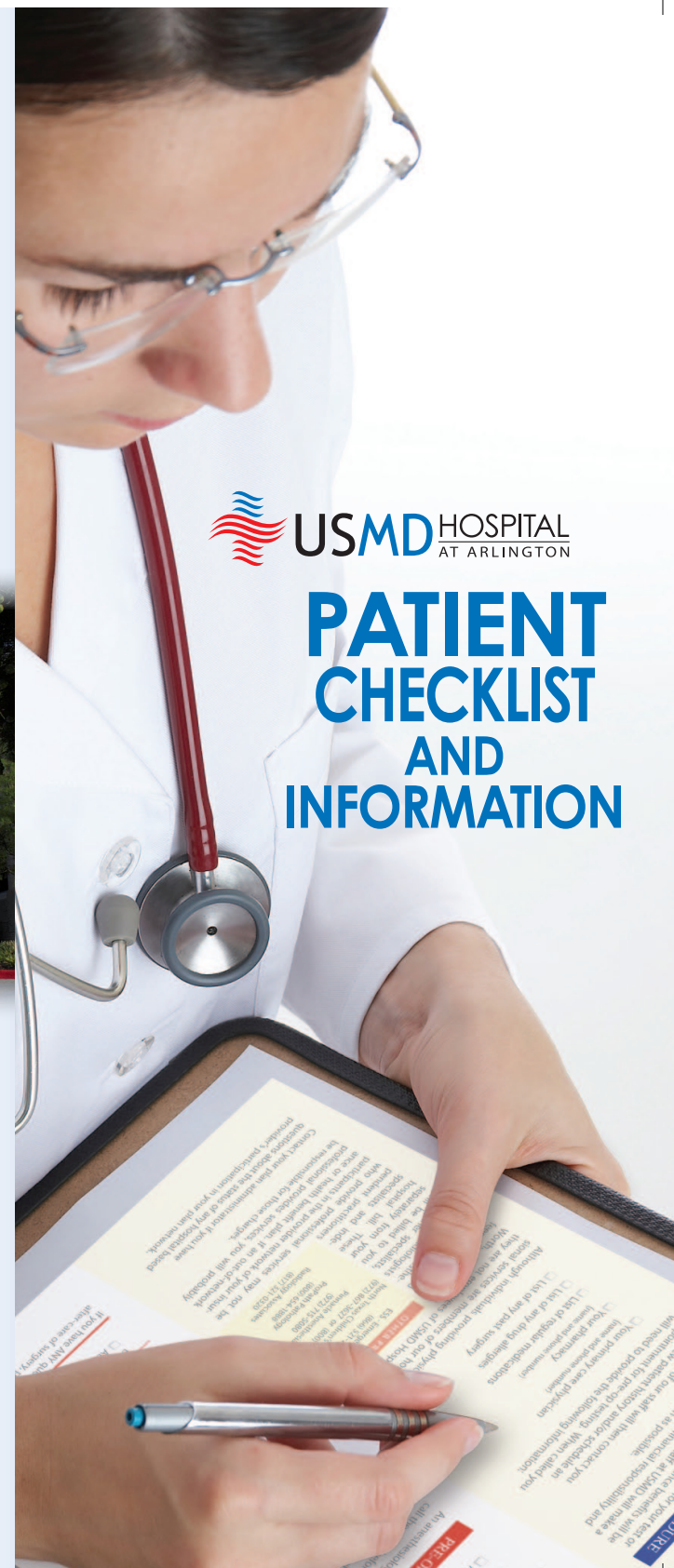


801 W. I-20, Arlington, TX 76017

Call 888.444.USMD  
for a FREE physician referral

 **USMD HOSPITAL**  
AT ARLINGTON

# PATIENT CHECKLIST AND INFORMATION



## PRE-ASSESSMENT

A member of our scheduling staff will contact you to schedule an appointment for preoperative testing. You may also contact them at 817.472.3550 to set up your appointment. When you come for your pre-assessment appointment, you will need to provide the following:

- Primary care physician's name and phone number
- Pharmacy's name and phone number
- A list of all your medications
- A list of any drug allergies
- A list of any past surgeries

If you have any medical conditions, such as high blood pressure, heart problems, breathing problems or diabetes, you may be asked to see a cardiologist, pulmonologist, or your primary care physician prior to surgery for your safety.

If you are unable to keep your appointment, please call 817.472.3550. If you need to cancel your surgery, please call your surgeon.

If you have ANY questions regarding the before or after-care of your surgery, please contact your surgeon.

Please **BRING** the following with you to the hospital:

### DOCUMENTATION

- Driver's license
- Insurance card
- Payment
- Any special information from your surgeon such as X-rays, consents, orders, etc.
- Copy of advance directives, such as a living will or durable power of attorney.
- Legal guardianship papers. A parent or guardian must be available to sign all hospital required documents. If we are unable to verify legal guardianship, the procedure will be rescheduled pending appropriate documents being provided.

## HOSPITAL CHECK-IN

Surgery Date: \_\_\_/\_\_\_/\_\_\_

Arrival Time: \_\_\_:\_\_\_ a /p

Your APPROXIMATE Surgery Time:

\_\_\_:\_\_\_ a /p

*Come directly to the Information Desk inside the Main Entrance.*

## FINANCIAL/INSURANCE BENEFITS

After your provider has scheduled your test or surgical procedure, your insurance benefits will be verified. The registration staff at USMD Hospital at Arlington will make a determination of your estimated financial responsibility and contact you as soon as possible.

Physician members of our staff who provide professional services are not employees of USMD Hospital at Arlington. Your surgeon, anesthesiologist, radiologist, pathologist, surgical assistant, and other specialists will bill you or your insurance carrier separately from the hospital.

If you have any questions regarding the status of any provider's participation in your insurance network, contact your insurance plan administrator or call the specific provider.

### OTHER PROVIDERS

US Anesthesia  
Partners  
972.715.5000

Ameripath  
972.934.4300

ENVISION  
(Radiology Associates)  
866.965.1093

INNOVATIVE HEALTH  
SYSTEMS  
(Arlington Emergency  
Medical Associates)  
888.447.2450

## PRE-OP DIETARY INSTRUCTIONS

All patients having anesthesia shall not eat or drink anything after midnight the night before surgery.

THE ONLY EXCEPTION IS a sip of water the morning of your surgery with your morning medications for blood pressure, heart, reflux, seizures or breathing conditions. An IV will be started for hydration and, if diabetic, your blood sugar will be monitored closely.

## DAY-OF-SURGERY CHECKLIST

- Do NOT shave the surgical site.**
- Shower the morning of surgery with an antibacterial soap.
- Wear minimal make-up to the hospital.
- Leave all valuables and jewelry at home, including wedding bands and body piercing jewelry. USMD Hospital is not responsible for lost valuables.
- Bring medications in original bottles.

## PERSONAL ITEMS

- Any personal assistive devices, such as CPAP, walker, inhalers, etc.  
Contact lens/glasses cases
- Change of clothes, extra diapers, or pull-ups
- Comfort items, such as blanket, doll, sippy cup, bottle, formula, etc.

## AFTER SURGERY

- Wear loose comfortable clothing so that it will go easily over a large dressing or brace.
- You must have a licensed driver available to drive you home. If a licensed driver is not available your procedure may be postponed.
- If you are spending the night, bring an overnight bag with toiletries.